

# April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>3rd Yr IW</i> <i>3rd &amp; 4th VDV</i> <i>5th Year</i>	4 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd Yr IW</i> <i>4th Yr IW</i>	5 <i>3rd Yr IW</i> <i>3rd &amp; 4th VDV</i> <i>5th Year</i>	6 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd Yr IW</i> <i>4th Yr IW</i>	7	8
9	10 <i>3rd Yr IW</i> <i>3rd &amp; 4th VDV</i> <i>5th Year</i>	11 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd Yr IW</i> <i>4th Yr IW</i>	12 <i>3rd Yr IW</i> <i>3rd &amp; 4th VDV</i> <i>5th Year</i>	13 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd Yr IW</i> <i>4th Yr IW</i>	14	15
16 <i>4th Year VDV</i> <i>Switch from M/W to T/Thurs this week</i>	17 <i>3rd Yr IW</i> <i>3rd &amp; 4th VDV</i> <i>5th Year</i>	18 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd IW &amp; 4th VDV</i> <i>4th Yr IW</i>	19 <i>3rd Yr IW</i> <i>3rd VDV</i> <i>5th Year</i>	20 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd IW &amp; 4th VDV</i> <i>4th Yr IW</i>	21	22
23	24 <i>3rd Yr IW</i> <i>3rd VDV</i> <i>5th Year</i>	25 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd IW &amp; 4th VDV</i> <i>4th Yr IW</i>	26 <i>3rd Yr IW</i> <i>3rd VDV</i> <i>5th Year</i>	27 <i>1st IW &amp; 1st &amp; 2nd VDV</i> <i>2nd IW &amp; 4th VDV</i> <i>4th Yr IW</i>	28	29  <i>Running Totals:</i>
30					<i>1st Yr = 24hrs</i> <i>2nd Yr = 24hr</i> <i>3rd Yr = 24hrs</i>	<i>1st Yr = 185hrs</i> <i>2nd Yr = 180hr</i> <i>3rd Yr = 177hrs</i>